

ANNA-KATHARINA ANDREES

ARTIST | MENTOR | PRODUCER

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born 15/12/1977 in BERLIN



Anna-Katharina Andrees is an actress, director, dance and theatre teacher, master-teacher of the Michael Chekhov Acting Technique and coach for artists and performers. She is the founder and long-time artistic director of the Berlin Zentrum für bewegte Kunst e.V. - Circus Sonnenstich. An inclusive project that works artistically and pedagogically with people living with trisomy 21 and other special needs in the field of contemporary circus. As a director of various works in different formats, Anna-Katharina Andrees has worked with many different artists, musicians, dancers, theatres and festivals. In addition to her directing work, Anna-Katharina regularly teaches at the Michael Chekhov International Academy, in the further education programmes IN.ZIRQUE® of the ZBK e.V. and Seneca Intensiv, gives international workshops and accompanies artists and performers as a coach and outside eye in their artistic processes. 2020 she founded the 7women company and currently works on the piece NORA.

EDUCATION

2014 certified teacher of the Michael Chekhov Acting Technique, Michael Chekhov International Academy

2011 Basic-Education Chladek-System®, Vienna, Contemporary Dance

2012 dance pedagogical competence, Seneca Intensiv, Berlin

2003 certified Actress at European Theatre Institute Berlin

1999 Studies (first diploma) Art therapy with specialisation in acting, FH Ottersberg

1996 Abitur, Berlin

seit 1995 Privat education in the Michael Chekhov Acting Technique bei Jörg Andrees

1985 - 1996 Violine lessons by E.Forck

Workshops with: Royston Meldoom, Ben Richter, Paolo Cingolani, Ted Sloan / Ted Pugh, Cristiana Casadio, Julia Christ, Claudia Schnürer a.o.

PROFESSIONAL CAREER

2023/2024

Maternity leave

Outside eye for Oskar Mauricio

Premiere of NORA by 7 Women Company

Project funded by Zirkus ON with NORA by 7 Women Company

Workshops YOUR CREATIVE SPACE Nr. 8 & 9

2021/ 2022

Active member of the Federal Association of Contemporary Circus (BUZZ)

Moderator Artistlab Vis-á-vis, BUZZ & Federal Association Theatre in Public Space BuTiÖR

Delegate at Momentum Delegation, Fringe, Edinburgh, Performance Art Programme/ British Council

Responsible mentor at Zirkus ON, creation alliance for circus arts

since 2020

Founder of the 7women company, author and director of the creation NORA, contemporary circus.

Lecturer for Research, Improvisation & Creation at Etage, School for Performing Arts Berlin

Lecturer for acting at MenschMusik Hamburg

Teacher of the Michael Chekhov Method for Creation and Presence for Performers, especially Circus

2011-2020

Zentrum für bewegte Kunst e.V. /Centre for moving arts

Founder / artistic director / director and dance teacher

2017 -today

Many Workshops for artists and pedagogues in Germany, Belgium, Palestine, Russia, UK, Sweden, Poland, Czech Republic, etc.

Workshop series YOUR CREATIVE SPACE

Coach and artistic consultant for circus artists, performers and dancers

Lecturer at the Michael Chekhov International Academy Berlin & Moscow

2006 –today

Freelance movement and theatre teacher and director for professional performing arts institutions,

Workshop leader, founder and director of the training-program for inclusion-oriented circus education IN.ZIRQUE®.

2006 - 2020

CIRCUS SONNENSTICH - ZBK e.V.

Artistic director / trainer for dance and body education

2010 – 2014

Coach for film & TV productions for people with trisomy 21

2003 – 2013

Actress in various theatre productions

1995 – 2011

Theatre pedagogue and director (theatre for children and young people)

PRODUCTIONS

PREMIERE of NORA by 7 Women Company @Pfefferberg Theater Berlin
2222, Graduate show of the Etage, Dept. of Contemporary Circus, for the Berlin Circus Festival
NORA by 7women company, 2021, 1st Creationphase
SOLO SPACE-I-YOU (in progress), 2019
KaraK, Gala Show, Circus Sonnenstich, 2019
WABI-SABI, contemporary Circus, Circus Sonnenstich, 2018/2019
SHAPESHIFTERS, site specific circus, Cabuwazi Berlin, 2018
DIE GEHEIMNISVOLLE(N) 18, contemporary Circus, Circus Sonnenstich, 2017
EinzigARTig, Gala Show, Circus Sonnenstich, 2017
ZU.HAUSE, Gala Show, Circus Sonnenstich, 2016
18 JAHRE, Gala Show, Circus Sonnenstich, 2015
COLORFUL WATER, Circus Academy Berlin, 2015
OFF NIGHT, Chamäleon Theatre, 2015
SWITCH REMIXED, Gala Show, Circus Sonnenstich, 2014
BREATHE, Circus Academy Berlin, 2014
SWITCH auss welt innen, contemporary Circus, Circus Sonnenstich, 2014
BEWEGTE BEGEGNUNGEN, Gala Show, Circus Sonnenstich, 2013
COME ON IN AND SMILE AS YOU PASS, Circus Academy Berlin, 2013
15 JAHRE, Gala Show, Circus Sonnenstich, 2012
BEZIEHUNGS-WEISE, contemporary Circus, Circus Sonnenstich, 2010
PENSION SCHÖLLER, MOMO, HASE HASE, DER NACKTE KÖNIG, Theatre in School 2005-2011

REFERENCES (Cooperation, workshops and engagements) (selection)

Pfefferberg Theater, Berlin (DE)
Nycirkusfestival Rydal, (S)
Artistlab Vis-a-vis, BUZZ & BUTIÖR
Performing Arts Programm Berlin PAP / British Council
Internationales Frauen* Theaterfestival Frankfurt Main (DE)
MICC Commissioning Circus, ausgewählt für Einreichung einer Projektidee 2021(International)
Zirkus ON, Team und Mentorin (DE)
BUZZ (Bundesverband Zeitgenössischer Zirkus), aktives Mitglied (DE)
Chamäleon Theater (DE)
Admiralspalast (DE)
Fabrik Potsdam (DE)
Berlin Circus Festival (DE)
Wintergarten Varieté (DE)
Jatka 78 (CZ)
Cirko Helsinki (FI)
ET Berlin EXPO 2019 (DE)
Katapult Berlin (DE)
Michael Chekhov International Academy (DE)
Die Etage (DE)
MenschMusik Hamburg (DE)
Seneca Intensiv (DE)
Cirkus in Bewegung (BE)
Palestinian Circus School (PS)
Upsala Zyrk (RU)
Circus Akademie Berlin (DE)
Landesvereinigung kulturelle Jugendbildung (LKJ) (DE)
Bundesvereinigung kultureller Kinder-und Jugendbildung (BKJ) (DE)
TUSCH Theater und Schule (DE)
Atzemusiktheater (DE)
Das letzte Kleinod (DE)
Theater Thikwa (DE)
Theater Rambazamba (DE)
Circus Montelino (DE)

OUTSIDE EYE/ COACH

Oskar Mauricio, Duo Act Aerials, 2024

Mentor for Zirkus ON, "Runners" by Hippana 2021, Lily & Janick 2022

Valerie Sealey, Jonglage, Berlin 2021

Graduation acts for the Etage, Dep. Contemporary Circus, 2020/2021

Valérie Inertie, Cyr Wheel, Berlin 2020

Company Rita & Rita, Duo „Entagle“, Rotterdam 2019

Annika Hemmerling, Graduation Solo LOLA & MONSIEUR FLAP, Codarts, Rotterdam 2019

Piotr Zdanovic, Solo STRAPS, Berlin 2019

Roman Škadra, Solo EXPAT, (Contemporary Circus) Die Etage, Berlin 2018

Company Cia Omkara, VACIO (Contemporary Circus) 2018 - today

Claudia Schnürer, Demons (Dance) 2016

RESEARCH funded by Fonds darstellende Künste/ Germany

03-05 2022

Equal participation and sharing for all - also in the arts. Inclusion is a human right.

We want to live it. A research on contemporary circus and inclusion.

10-12 2022

„Aesthetics of Access“ in Contemporary Circus

Accessibility as an impulse for innovation in the artistic process

ARTISTIC RESIDENCIES

Katapult Berlin, Chamäleon Theater, Circus Schatzinsel, Pfefferberg Theater, Schaulust Bremen, Tollhaus, Karlsruhe with "7 Women Company".

Tollhaus, Karlsruhe with Hippana Maleta

Ecole Nationale de Cirque de Châtellerauld, with Company Rita & Rita (2019)

Circus Momolo, Jena with Company Rita & Rita (2019)

PUBLICATIONS

IN.CIRQUE the magazine I page 21 "The art in pedagogy".

IN.ZIRQUE the magazine II page 64 "Artistic attitude"

NOTES on CREATION by Declan Mee & Oli Pinchbeck, Katapult Berlin

MUSIC DIRECTION/ CD production

LeJuKa - the music for Beziehungsweise - direction, violin and vocals

LeJuKa- the music for SWITCH.auss welt innen - direction, violin and vocals

Dorothy Bird - the music to Wabi-Sabi eigenARTig-einzigARTig, direction

Anna-Katharina has been connected with Michael Chekhov's acting method for over 20 years. She learned from her father Jörg Andrees, who has been working with the method as a director and artist for over 30 years. Anna-Katharina has studied movement, dance, theater and circus arts intensively and thus specialized in the performative arts. She is interested in what lies behind the obvious. How can the performer really connect with his/her creations? The search for a deeper meaning of what we want to say with our art is an exciting and long journey. Anna-Katharina supports performers in finding images and tools to feel free and creative on stage and to enjoy their own creation with ease. Images are used to define the space, to create clear movements and transitions. Working with space in general, and backspace in particular, offers artists a sense of freedom and concentration at the same time. Reflecting on the working process as well as supporting the rehearsal and performance structure gives joy and excitement through the interplay of form and freedom in the work.

Best regards, Anna-Katharina Andrees